

Press Release | July 10, 2018

Cardiometabolic Health Congress Announces Partnership with Gaples Institute

July 10, 2018 (Boca Raton, FL) – CMHC is proud to announce its most recent partnership with the [Gaples Institute for Integrative Cardiology](#), a nonprofit with the mission of advancing the role of nutrition and lifestyle in healthcare.

Executive Director of the Gaples Institute, Associate Professor of Medicine at Northwestern University, and preventive cardiologist [Dr. Stephen Devries](#) will lecture at the upcoming [13th Annual CMHC](#) conference in Boston, taking place from October 24-27, 2018. Dr. Devries will deliver a lecture titled “Interventional Cardiology Delivered with a Fork,” during which he will highlight the primary—and underutilized—role of nutrition in managing cardiometabolic health.

This presentation will mark the third year that the Gaples Institute, led by Dr. Devries, was invited to present a nutrition focused talk at this annual 4-day conference that includes thought leaders from around the world and addresses the root causes of cardiovascular disease.

Other sessions will review a range of critical and acute issues in cardiometabolic care, including a pre-conference “Women’s Health Summit” that explores the unique challenges faced by women in cardiometabolic health. Supplemental Professional Medical Education workshops are available, in addition to an Exhibit Hall featuring the latest therapeutic developments in cardiometabolic health.

Access the [agenda](#) and [registration](#) for the 13th Annual Cardiometabolic Health Congress.

About the Cardiometabolic Health Congress

The Cardiometabolic Health Congress (CMHC) is more than an annual conference or regional meeting. CMHC provides a complete platform of education spanning live and digital communications that extends the energy and experience of our national and regional conferences throughout the year to an audience of frontline clinicians with vested interests in cardiometabolic health.

To **learn more**, **register** for any event, **enroll** in any training program, or **exhibit** at an A4M Conference, please contact the office of Cardiometabolic Health Congress:

Phone: 877.571.4700

Email: info@cardiometabolichealth.org

About the Gaples Institute

The Gaples Institute is an educational nonprofit with the goal of advancing the role of nutrition and lifestyle in health care. The organization, led by preventive cardiologist, Dr. Stephen Devries, is supported by an advisory board that includes national leaders in medicine, education, and philanthropy.

Gaples Institute educational projects include: a wide range of public education resources available on their website, and a [3-hour continuing medical education, interactive course for health professionals on nutrition science and counseling](#).

Learn More: <https://www.gaplesinstitute.org>

Email: integrate@gaplesinstitute.org